

The Spirit of the Sports Meeting

By Chen Tengfei

Our college held the 8th annual Sports Meeting last week. All the students who are passionate for sports got together to take part in the sports meeting. The sports meeting was loaded with prize award ceremonies and fierce competitions, but a strong sense of unity, friendship and achievement could also be felt.

Unity

It is amazing that an individual can be so important to a team, or even the whole society. Commoners with the same mission make this possible. It is known to all that a team is a group of people brought together in order to accomplish a task that can't be efficiently and effectively completed by any single member of the group. In addition, a person and a team are interrelated and interact with each other. Therefore, we must build unity of people, team and community.

Friendship

We need friends to share happiness and sorrow, and it is important to have someone to care about. If we are ever injured or fail in the intense competition, friends play an important role. Not only will they help you find the strength you need for recovery, but also keep you from feeling sad. Friendship helps us understand who

we are, why we need each other and what we can do for each other. Therefore, we must show our sincerity and give as much as we take.

Winning

Winning is not about being the first one to cross the finish line or scoring the most goals, but it is about being the best you can be. Losing the game is not a shame. Actually, for most of the athletes, taking part in the competition is already a victory. Perhaps if we want to be a winner, the most important thing is to find something that we like to do and that we are good at. Everyone has his or her special skills and interests, and only by discovering what we can do best can we hope to reach our goals and truly be the winner.

To sum up, unity and friendship are the main spirit of our sports meeting, and keeping them in mind can contribute to our success and happiness.

Editor: Chen Qiuling